

## Vegetarian ~ Vegan ~ Gluten Free Menu Offerings

### Vegetarian

#### *Eggplant Parmesan*

Hand Breaded Eggplant Medallions Layered with Hearty Marinara Sauce & Melted Mozzarella

#### *Asian Tofu Stir-Fry*

Fresh Julienne Vegetables, Tofu & Soba Noodles, Sautéed in Sesame Oil, Fresh Ginger & Garlic Sauce

#### *Risotto Stuffed Pepper*

Roasted Pepper Stuffed with Fresh Herbs, Parmesan Cheese & Italian Risotto, Topped with Melted Mozzarella Cheese

#### *Wild Mushroom Ravioli*

Wild Mushroom & Spinach Stuffed Ravioli Tossed with a Sun Dried Tomato Cream Sauce

### Vegan

#### *Cabbage Roulades*

Sautéed Fresh Vegetables Wrapped in Steamed Cabbage Finished with a Lemon Broth

#### *Spinach & Phyllo*

Fresh Sautéed Baby Spinach & Caramelized Onions Wrapped in Phyllo Dough

#### *Indian Spiced Tofu*

Pan Seared Tofu Laced with Indian Spices Served over Lentils & Onions and Fresh Steamed Vegetables

### Gluten Free Entrées

#### *Vegetable Lasagna*

Vegetable Lasagna Layered with Gluten Free Noodles, Hearty Marinara Sauce & New England Cheese Blend

#### *Chicken Parmesan*

Gluten Free Breaded Chicken Tenders Baked with Marinara Sauce & Melted Mozzarella Cheese Served with Gluten Free Pasta

#### *Pasta Primavera*

Fresh Array of Local Vegetables Sautéed with Garlic & Oil Served over Gluten Free Pasta